COVID-19 in 2021: Lessons Learned and Remaining Challenges

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COVID-19 in 2021: Lessons Learned and Remaining Challenges

- Epidemiology
- Virology
- Transmission
- Diagnostics
- Clinical Course
- Therapeutics
- Vaccines

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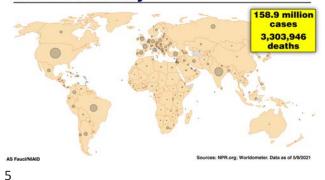
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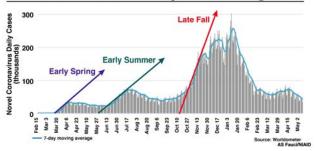
COVID-19 Globally



COVID-19 in the United States



Daily New COVID-19 Cases Reported in the United States – Slopes of 3 Surges





Viewpoint COVID-19 and Racial/Ethnic Disparities

MW Hooper, AM Nápoles and EJ Pérez-Stable

"The most pervasive disparities are observed among African American and Latino individuals, and where data exist, American Indian, Alaska Native, and Pacific Islander populations."

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SARS-CoV-2 Virology

- Beta-CoV: same subgenus as SARS CoV-1 and some bat CoVs
- RNA virus: enveloped, positive-sense, single-stranded
- Large genome: ~30,000 Kb
- 4 structural proteins: S, E, M, N
 - S allows virus to attach to and fuse with cell membrane
- ACE2 receptor: cell receptor

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Matrix protein (M)
Nucleoprotein (M)

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SARS-CoV-2 Transmission

- Mainly through exposure to respiratory droplets when close (≤6 ft) to an infected person
- Sometimes through droplets or particles that remain in the air (aerosols) over time and various distances (> or <6 ft)
- Less commonly through contact with contaminated surfaces
- Virus found in stool, blood, semen and ocular secretions; role in transmission unknown



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- Available data suggest at least 1/3 of patients with
- a positive PCR test who are asymptomatic at time of

SARS-CoV-2 Transmission From The Proportion of SARS-CoV-2 People Without COVID-19 **Infections That Are Asymptomatic Symptoms DP Oran and EJ Topol** MA Johansson, JC Butler et al. 59% of all SARS-CoV-2 infections result from asymptomatic transmission SARS-CoV-2 infections never develop symptoms - 35% from presymptomatic individuals Longitudinal studies suggest ~3/4 of individuals with - 24% from individuals who never develop symptoms testing will remain asymptomatic 13 14

Fundamentals to Prevent Acquiring and Transmitting SARS-CoV-2

- Universal wearing of masks/cloth face coverings
- Maintain physical distance at least 6 feet
- Avoid crowds and congregate settings
- Outdoors better than indoors
- Frequent washing of hands

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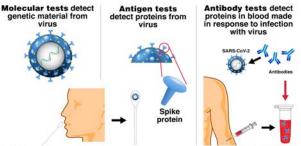
JAMA Open...

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Tests for SARS-CoV-2



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COVID-19 Clinical Presentation

Fever 83–99%
 Cough 59–82
 Fatigue 44–70
 Anorexia 40–84
 Shortness of breath 31–40
 Myalgias 11–35

Other non-specific symptoms reported

Sore throat, nasal congestion, headache, diarrhea, nausea, vomiting. Loss of smell/taste preceding the onset of respiratory symptoms.
Source: WHO, ACROSS
SOURCE: WHO, ACROSS
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China

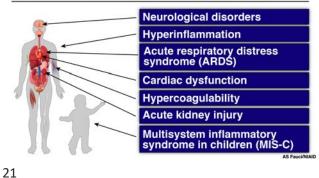
Mild/Mod

Severe

Critical

0%

Manifestations of Severe COVID-19



People at Increased Risk for Severe COVID-19 Illness

Spectrum of Disease Among 44,672 Individuals with Confirmed COVID-19,

14%

20%

40%

Older adults

 People of any age with certain underlying medical conditions



81%

Case-fatality rate: 2.3%

80%

100%

JAMA 323:1239, 2020. AS Fauci/NIAII

60%

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JAMA Network Open

Eabruary 19, 2021

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Sequelae in Adults at 6 Months After COVID-19 Infection

JK Logue, HY Chu et al.

- Approximately 30% of patients enrolled at U. of Washington reported persistent symptoms for as long as 9 months after illness
- Fatigue most commonly reported symptom
- Persistent symptoms were reported by one-third of outpatients with mild disease

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Tuesday, April 21, 2020

Selected Therapeutics for COVID-19

■ Therapeutics for early/moderate disease

- Remdesivir FDA approved
- Monoclonal antibodies EUA
 Bamlanivimab; casirivimab+imdevimab; bamlanivimab+etesevimab
- Convalescent plasma EUA
- Other antivirals clinical trials
 Hyperimmune globulin clinical trials



■ Therapeutics for moderate/advanced disease

- Dexamethasone standard of care
- Baricitinib+remdesivir EUA
- Immunomodulators (e.g. tocilizumab) clinical trials
- Anticoagulants clinical trials

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NIH National Institutes of Health

News Release

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Identification of Vulnerable Targets in the SARS-CoV-2 Replication Cycle



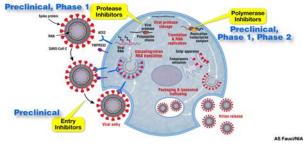
Design Drugs to Inhibit Vulnerable Targets

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SARS-CoV-2 Replication Cycle: Targets for Antiviral Therapeutics

Expert U.S. Panel Develops NIH

Treatment Guidelines for COVID-19

"Living document" updated often

as new clinical data accrue

Covid19treatmentguidelines.nih.gov

Science Vol. 372 [1830 6535]

The Story Behind COVID-19 Vaccines

Anthony S. Fauci

"The speed and efficiency with which these highly efficacious vaccines were developed and their potential for saving millions of lives are due to an extraordinary multidisciplinary effort involving basic, preclinical, and clinical science that had been under way—out of the spotlight—for decades before the unfolding of the COVID-19 pandemic."

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Vaccines

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Selected COVID-19 Vaccines

Platform		Developer	Status
Nucleic Acid	les de	moderna	■ EUA
(mRNA)	and the same	BIONTECH @	■ EUA
Adenovirus Vector	yle	Johnson-Johnson	■ EUA
	M	AstraZeneca 🕏	■ EUA TBD
Recombinant	*	SANOFI →	■ Phase 2 clinical trial launched Feb. 2021
Protein and Adjuvant	4.	NOVAVAX	■ EUA TBD
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COVID-19 Vaccines are:

Efficacious in clinical trials

Effective in real-world settings

Safe

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Pfizer/BioNTech Vaccine



Safety and Efficacy of the BNT162b2 mRNA COVID-19 Vaccine

FP Polack et al. for the C4591001 Clinical Trial Group

■ Efficacy: 95%

Moderna Vaccine

New England
Journal of Medicine

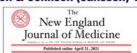
Efficacy and Safety of the mRNA-1273 SARS-CoV-2 Vaccine

LR Baden et al. for the COVE Study Group

■ Efficacy: 94.1%

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Johnson & Johnson (Janssen) Vaccine



Safety and Efficacy of Single-Dose Ad26.COV2.S Vaccine against COVID-19

J Sadoff et al. for the ENSEMBLE Study Group

- 66% efficacy overall vs. moderate-to-severe COVID-19
 - 72% in United States
 - 68% in Brazil
- 64% in South Africa
 85% efficacy vs. severe disease across all regions studied

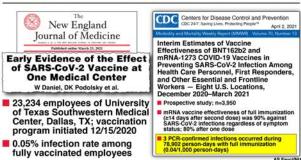
COVID-19 Vaccines are:

- Efficacious in clinical trials
- Effective in real-world settings
- Safe

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"Real World" Vaccine Effectiveness Studies



THE LANCET

Impact and Effectiveness of mRNA BNT162b2 Vaccine Against SARS-CoV-2 Infections and COVID-19 Cases, Hospitalisations, and Deaths Following a Nationwide Vaccination Campaign in Israel: An Observational Study Using National Surveillance Data

EJ Haas, S Alroy-Preis et al.

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Estimated Effectiveness of 2 Doses of Pfizer/BioNTech COVID-19 Vaccine Against 6 Outcomes, Israel

All ages, 201.9 million person-years total

■ B.1.1.7 variant accounted for ~95% of SARS-CoV-2 infections

Estimated adjusted effectiveness, ≥7 days after the second dose, Jan 24 to April 3, 2021 SARS-CoV-2 infection 95.3%

SARS-Cov-2 Intection	95.3%
Asymptomatic SARS-CoV-2 infection	91.5
Symptomatic COVID-19	97.0
COVID-19-related hospitalization	97.2
Severe or critical COVID-19-related hospitalization	97.5
COVID-19-related death	96.7
Source:	EJ Haas et al. Lancet, 5/5/202

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Estimated Effectiveness of 2 Doses of Pfizer/BioNTech COVID-19 Vaccine Against SARS-CoV-2 Infection, by Age Group, Israel

Estimated adjusted effectiveness, ≥7 days after the second dose, Jan 24 to April 3, 2021

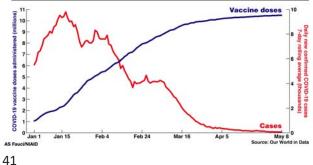
Age Group	VE vs. SARS-CoV-2 infection
All ages	95.3%
Age 16-44 years	96.1
Age 45-64 years	94.9
Age ≥65 years	94.8
Age ≥75 years	95.1
Age ≥85 years	94.1

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Source: EJ Haas et al. Lancet, 5/5/2021.

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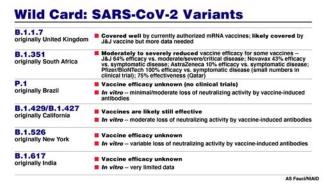
Effect of Robust COVID-19 Vaccination Effort in Israel, Where B.1.1.7 Predominates



Impact of Viral Variants on Vaccine Effectiveness

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New England
Journal of Medicine
Patient With 19, 2021

Effectiveness of the BNT162b2 COVID-19
Vaccine against the B.1.1.7 and B.1.351 Variants
LJ Abu-Raddad et al. for the National Study Group for COVID-19 Vaccination

Mass vaccination campaign in Qatar; total n=385,853

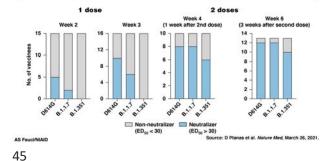
Vaccine effectiveness against any documented infection
- B.1.1.7 - 89.5% after 2 doses, 29.5% after 1 dose
- B.1.351 - 75.0% after 2 doses, 16.9% after 1 dose

Vaccine effectiveness against severe, critical, or fatal disease
- B.1.1.7 - 100% after 2 doses, 54.1% after 1 dose
- B.1.351 - 100% after 2 doses, 0% after 1 dose

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Improved Neutralization of SARS-CoV-2 Variants After 2nd Pfizer Vaccine Dose



COVID-19 Vaccines are:

Efficacious in clinical trials

Effective in real-world settings

■ Safe

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Ensuring COVID-19 Vaccine Safety in the U.S.

- Clinical trials
- Expanded safety monitoring systems
 - CDC: V-safe
 - CDC: National Healthcare Safety Network (NHSN)
 - FDA: Other large insurer/payer databases
- Other safety monitoring systems
 - CDC and FDA: Vaccine Adverse Event Reporting System (VAERS)
 - CDC: Vaccine Safety Datalink (VSD)
 - CDC: Clinical Immunization Safety Assessment (CISA) Project
 - FDA and the Centers for Medicare and Medicaid Services: Medicare data
 - FDA: Biologics Effectiveness and Safety System (BEST)
 - FDA: Sentinel Initiative

- DoD, VA systems

Source: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/reporting-systems.htm

70% of adults vaccinated with at least 1 dose by July 4

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The Race is On

