

# Combination Strategies for HIV Prevention and Contraception

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### Who we are



Nandisile (Luthuli) Sikwana

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# What to expect from today's presentation

- 1. Current HIV prevention landscape
- 2. The case for multi-purpose prevention technologies (MPTs)
- 3. What's in the MPT pipeline
- 4. Spotlight on the Dual Prevention Pill
- 5. Bringing MPTs from "bench to bedside"

### But first...we want to hear from you!



# How would you describe your knowledge of MPTs?

Scan the QR code





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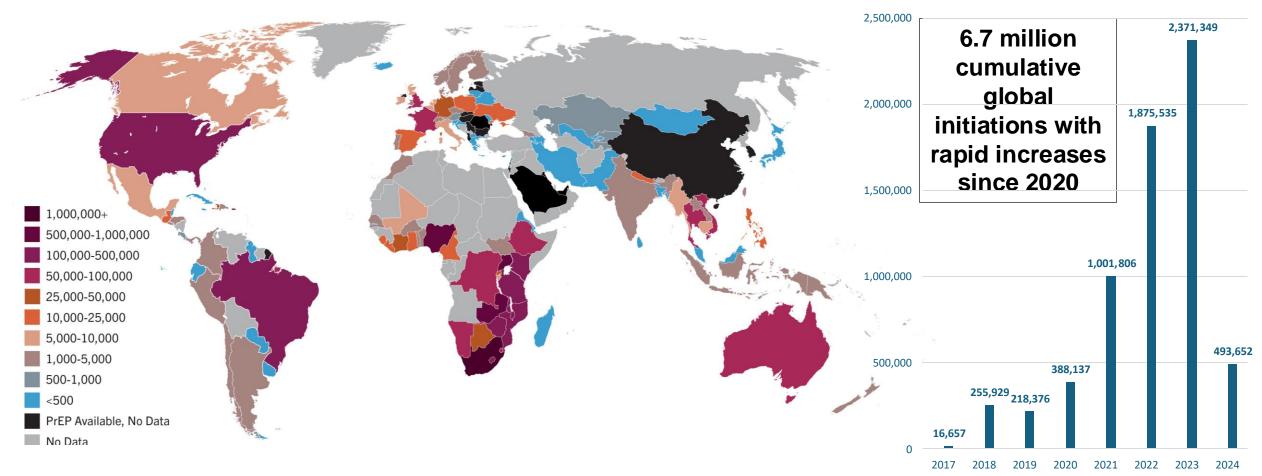
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# **Current HIV prevention landscape**

# Oral PrEP uptake is growing rapidly, with sub-Saharan Africa (SSA) comprising 80% of global initiations

### **PrEP Initiations by Country, March 2024**

#### **PrEP Initiations Over Time**





### The current HIV prevention pipeline is crowded...

...but most products are in early development and few new products are coming to market soon

#### In development: Preclinical and clinical







**Preventive** vaccines



Multipurpose vaginal ring

Douche

oral PrEP



Long-acting vaginal ring



Vaginal Film



**Patches** 

**Monthly** 



**Broadly neutralizing** antibodies

#### In development: Efficacy trials under way



Long-acting injectable



**Daily** oral PrEP1



to market by 2025.2

#### **Newly Approved and** Recommended



**Dapivirine** vaginal ring



Long-acting injectable

And in implementation science projects:

www.prepwatch.org/resources/ implementation-study-tracker/

#### **Currently available**



HIV treatment for people living with HIV/U=U



Male & female condoms



Voluntary medical male circumcision



Syringe exchange programs



Daily oral PrEP

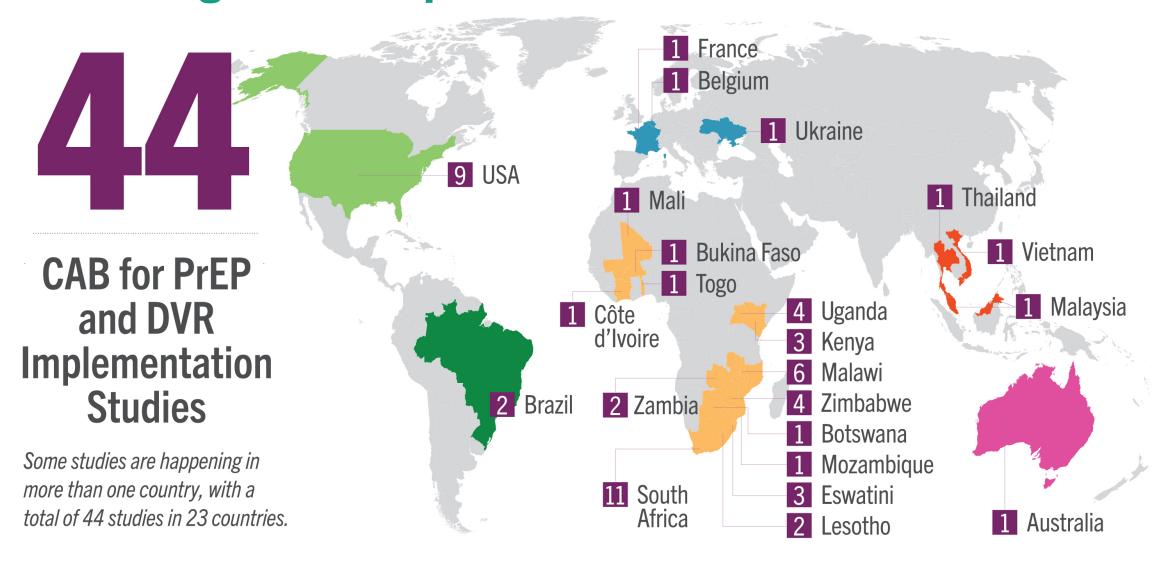


**PEP** 

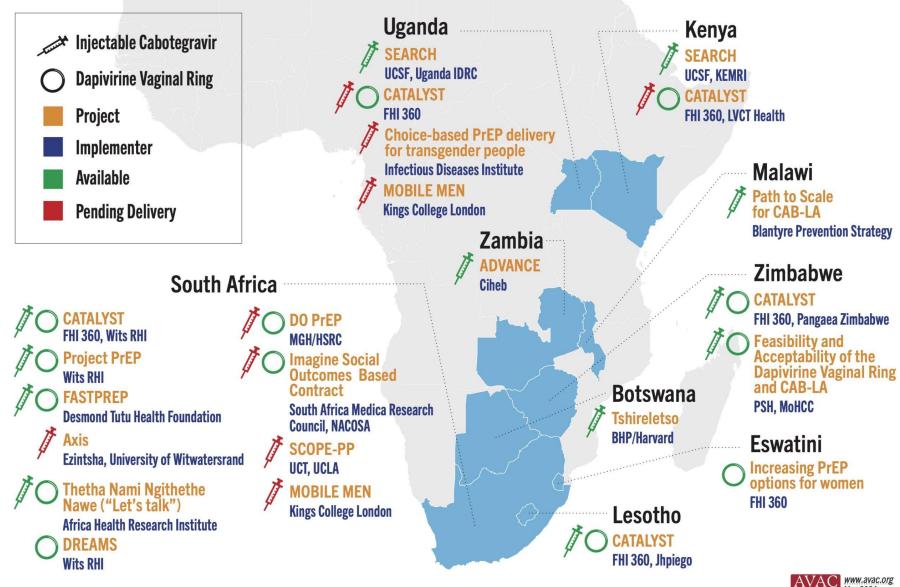
Event-driven for some populations.

<sup>&</sup>lt;sup>1</sup>In Oct 2019. US FDA approved F/TAF for adults and adolescents who have no HIV risk from receptive vaginal sex; still in development for cisqender women. <sup>2</sup>Efficacy trials not required; bioequivalency of the two approved products when dosed together may be all that is required.

### PrEParing for new products



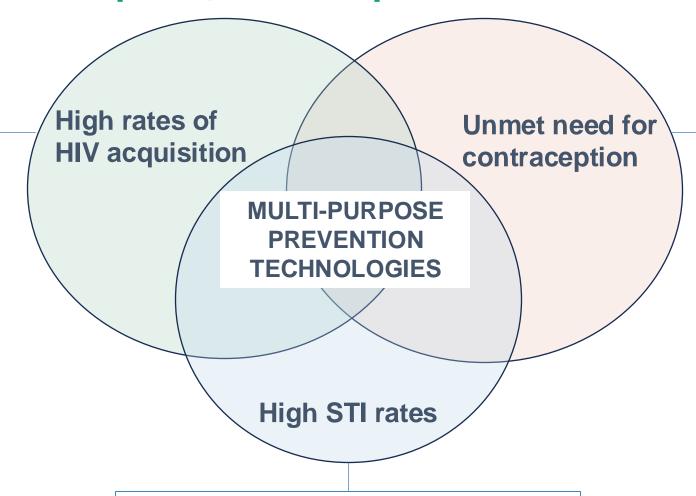
New product introduction: Spotlight on Eastern and Southern Africa



# The case for MPTs

# Cisgender women and girls have overlapping unmet need for HIV prevention, contraception, and STI prevention

In SSA, women and girls ages 15-49 account for 68% of new HIV infections in this age group; 20-30% in all other regions – with disparities among women



9% women and girls ages 15-49 have an unmet need for family planning globally; 15% in lower-income countries – higher for those married/in-union

High rates of STIs among women in PrEP studies; STI rates increasing in Africa and Americas regions

### **Enter: Multipurpose prevention technologies (MPTs)**

### One product, multiple forms of protection

MPTs are products designed to simultaneously address more than one

sexual and reproductive health (SRH) need

 Internal (female) and external (male) condoms, which protect against pregnancy, HIV and other STIs, are the only MPTs currently available

 Historically, cisgender women-centered SRH products have not been an investment or research priority unless pushed by advocates, and underrepresentation of cisgender women in clinical trials is well-documented



External and internal condoms, the only MPTs available

# Studies suggest higher demand for MPTs compared to single-indication HIV prevention products

| STUDY  | SETTING                             | KEY LEARNING KEY LEARNING   |
|--|-------------------------------------|---|
| Preferences for Long-<br>Acting PrEP Products<br>Among Women and Girls | Eswatini,<br>Kenya,<br>South Africa | Participants preferred products with added pregnancy prevention 2.46 times more and with added STI protection 2.81 times more |
| Tablets, Ring, Injections as Options (TRIO) study                      | Kenya,<br>South Africa              | Most women preferred an oral pill with dual protection to a single-indication product, including an injection                 |
| CUPID study  | Uganda,<br>Zimbabwe                 | 91% heterosexual couples preferred MPTs over separate HIV prevention/FP products  |
| Divergent Preferences for HIV Prevention                               | South Africa                        | MPTs that prevent HIV and pregnancy would quadruple demand among adolescent girls compared to HIV prevention-only products    |



# What's in the MPT pipeline

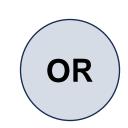
### But first...we want to hear from you!



# Given the array of prevention options currently available, do you think new MPTs are necessary?

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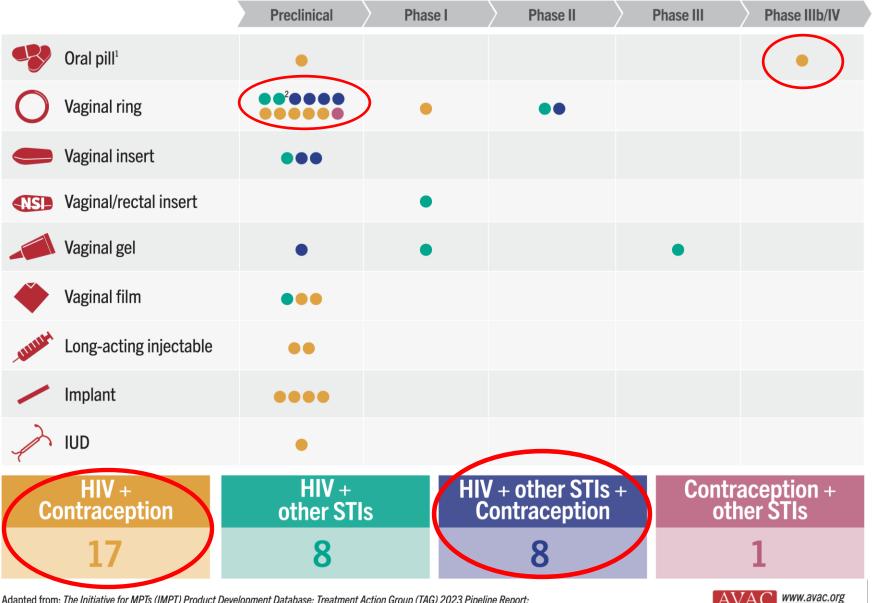




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# At a glance: The MPT R&D pipeline



### **MPTs in Phase I trials**

### **Vaginal Ring**

- Combines
   Dapivirine/LNG
   to prevent HIV
   and pregnancy
- Lasts for 3 months
- User-controlled
- IPM-056 study in the USA
- Developed by Population Council



### **Fast-Dissolving Insert**

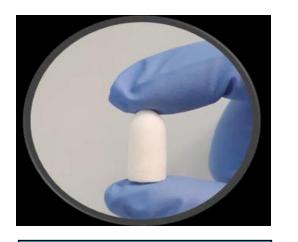
- Combines F/TAF and Elvitegravir to prevent HIV and herpes (though F/TAF not yet approved for cisgender women)
- Provides protection for up to 3 days
- Used on-demand as PrEP or PEP
- MATRIX-001 study investigating vaginal usage in Kenya, South Africa, USA (the <u>first</u> Phase 1 study on this MPT in African women)
- RITE PrEP study investigating rectal usage in the USA
- Developed by CONRAD



### MPTs in pre-clinical stages



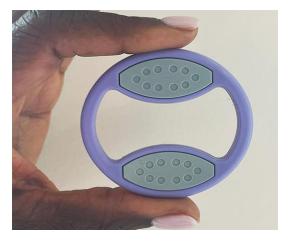




Injectables

**Vaginal Films** 

Inserts







**Vaginal Rings** 

**Vaginal Gels** 

**Implants** 

Each designed to address multiple SRH needs, including prevention of:

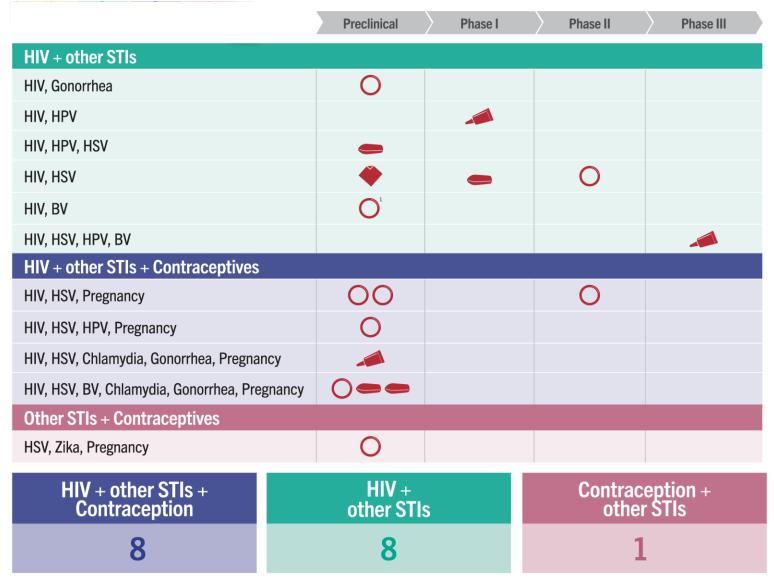
- Pregnancy
- HIV
- Gonorrhea
- HPV
- Herpes
- Chlamydia
- Bacterial Vaginosis
- Zika Virus



# Pushing a pipeline of dual-purpose products for cisgender women

| Product |   | Phase                         | Indications   | Duration        | <b>User-control</b>                          |  |
|---------|---|-------------------------------|---|-----------------|--|--|
|         | Non-antiretroviral/<br>non-hormonal dual-<br>purpose vaginal ring | Phase I<br>(placebo<br>rings) | HIV and pregnancy prevention                        | Monthly         | Women<br>insert<br>themselves                |  |
|         | Dapivirine-<br>levonorgestrel<br>vaginal film                     | Pre-<br>clinical              | HIV and pregnancy prevention                        | Monthly         | Women<br>insert<br>themselves                |  |
|         | TAF/EVG fast-<br>dissolving<br>insert                             | Phase I                       | HIV and herpes<br>simplex virus<br>(HSV) prevention | Up to 3<br>days | Women<br>insert<br>themselves<br>(on demand) |  |

### Beyond HIV and pregnancy: MPTs with STI prevention

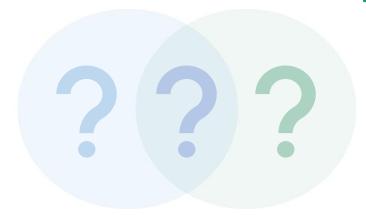


<sup>&</sup>lt;sup>1</sup> Bacterial vaginosis (BV) is not sexually transmitted but can be linked to sexual activity. While BV is not an STI, it has been included here for consistency. Adapted from: *The Initiative for MPTs (IMPT) Product Development Database; Treatment Action Group (TAG) 2023 Pipeline Report; MATRIX R&D Landscape Review 2024.* 



# Spotlight on the Dual Prevention Pill

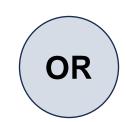
### But first...we want to hear from you!



# Have you heard of the Dual Prevention Pill before today?

Scan the QR code





Go to **Menti.com** and type

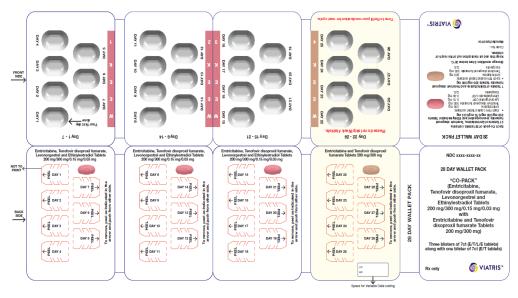
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# What is the Dual Prevention Pill (DPP)?

- Daily pill that prevents both HIV and pregnancy
- Co-formulated tablet that combines oral PrEP (TDF/FTC) + combined oral contraception (LNG/EE) (COC) in a single pill
- 28-day regimen of 21 PrEP/COC pills (pink) and 7 days PrEP-only pills (peach)
- Packaging will be wallet pack to more closely resemble OC packs, with tear-off weekly sheets with instructions
- Developed by Viatris; could receive regulatory approval in 2025



Viatris DPP tablet colors



Illustrative mock-up of DPP packaging by Viatris

# The DPP Consortium is a coalition of organizations working together to catalyze DPP and future MPT introduction



### **DPP Consortium**

#### **Project partners**









### With support from











#### **DPP Advisory Board**

26 global/country HIV and SRH stakeholders: multilaterals, funders,

implementers, civil society

Advises on and identifies resources for DPP planning and implementation

DPP Civil Society
Advisory Group

13 women advocates: from Kenya, South Africa, Zimbabwe, Uganda

Guides research and introduction plans; conducts DPP advocacy

# DPP Civil Society Advisory Group (CS AG) has shaped project outputs

### From 2021-2023, the group has...



Provided input on recruitment materials for acceptability studies in South Africa, Zimbabwe



Gave feedback on design of human-centered design research and DPP creative concepts



Developed DPP FAQs and messaging on bioequivalence (BE) studies to build literacy



Conducted **regulatory engagement** in Uganda, a model that could be adapted to other countries



Begun engaging with HPTN 104 community engagement team to explore partnership

### In 2024, the group plans to...



Establish partnership with HPTN 104 community working group



Support HPTN 104 community consultation



Validate DPP branding



Engage country-level MOHs and regulatory agencies

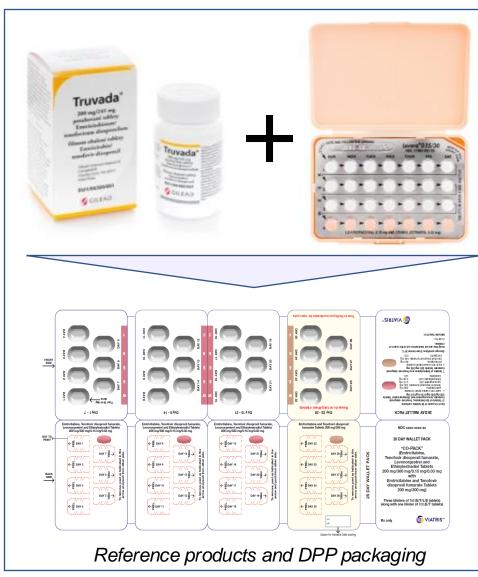


Co-create DPP communications and advocacy plan

# Product Development: A bioequivalence study for the DPP bypasses the need for a long clinical trial, which could speed up regulatory approval



- Bioequivalence (BE) studies compare the body's absorption rate of a new, "innovator" drug product with existing, approved "reference" products
- Products with comparable rates are considered "bioequivalent" and are expected to have the same safety and efficacy
- Because the DPP combines oral PrEP + COC, BE studies comparing DPP vs. oral PrEP and COC taken separately are sufficient evidence for regulatory review, which should accelerate time to market
- DPP achieved positive BE results in pilot study in Sept. 2023
- Larger, pivotal BE study in progress; results expected Aug. 2024
- DPP pill colors, packaging, brand names validated with users
- New MPT development catalyzed for F/TAF-based DPP



# Research: Acceptability studies in Zimbabwe and South Africa offer the first evidence on user experiences with an over-encapsulated DPP



### The Details

- What: Compare women's experiences (acceptability, adherence, preferences) for <u>over-encapsulated</u> DPP vs. 2 separate pills (oral PrEP + COC)
- Where: South Africa, Zimbabwe
- When: 2021-2023
- Who:

N=30 AGYW (16-24) in Chitungwiza (Harare)

N=96 women (16-40) in and around Johannesburg

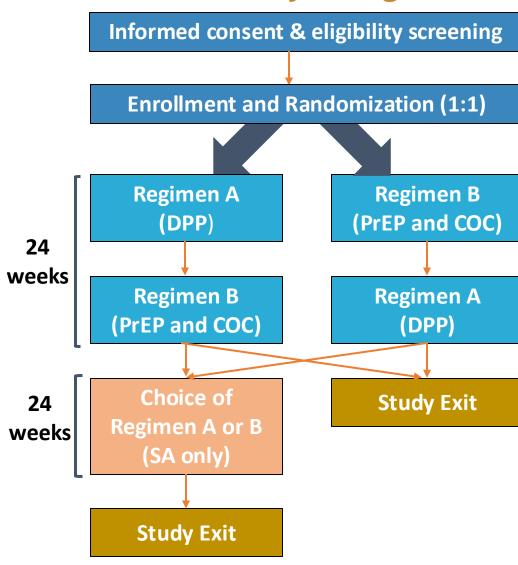
# Regimen A: Over-encapsulated DPP







### **Study Design**



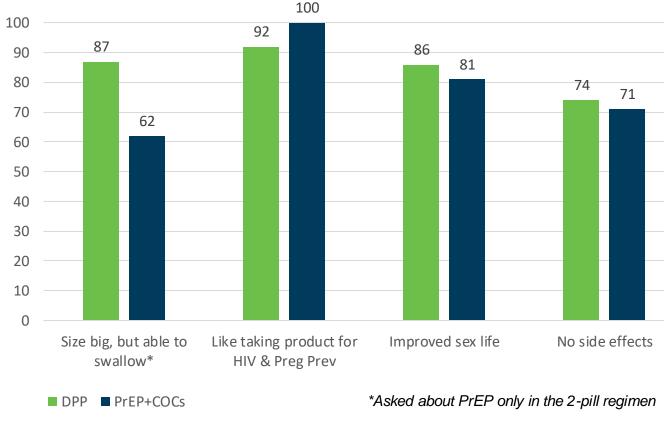
### Research: In Zimbabwe, 62% of AGYW preferred the overencapsulated DPP while 38% preferred the 2-pill regimen



### **Key Takeaways**

- Choice is important: expanding options can increase demand
- 93% willing to use DPP if available;
   100% if it included STI prevention
- Pill size and packaging were barriers; consider tools to enhance discretion and social support
- Varied delivery preferences: offer the DPP through diverse channels and providers

#### **Components of Acceptability (N=25)**





Population Council (2024) (on file).

# Research: Participants in acceptability studies and HCD research noted perceived benefits of the DPP



"Using the DPP is important because when I am taking that one pill, I will be protecting myself from pregnancy and HIV. It is different from taking two separate pills."

Participant, Zimbabwe acceptability study

"According to him, condoms should be used by those who do not trust each other and those that go outside [of the relationship]."

Participant, HCD research, Kenya

"...For those who feel they want to hide because they are taking PrEP, it will be easier because they only have one pill to take and so 'no one should know what I am taking.""

Healthcare provider, HCD research, Kenya



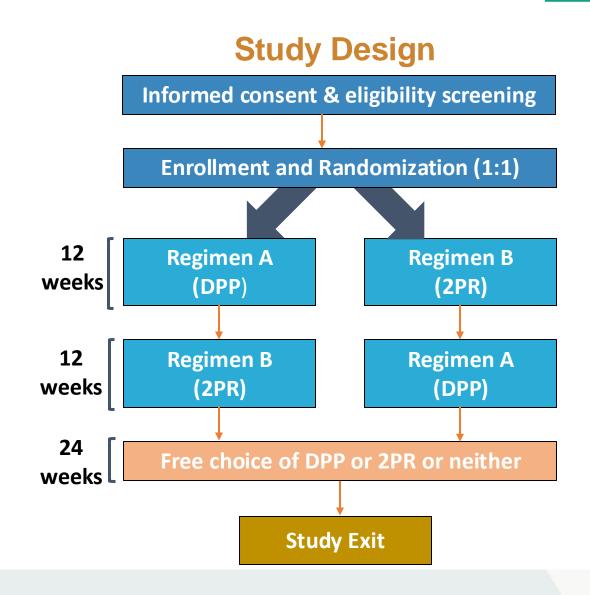
Nyagah, W. et al. (2023); Friedland, B. (2023) (on file).

# Research: HPTN 104 will evaluate adherence to the co-formulated DPP across 5 sites, beginning in 2024

### **The Details**

- What: Open-label, multisite, randomized, crossover trial: DPP vs. oral PrEP + COC (2PR)
- Where: Eswatini, South Africa, Uganda, Zimbabwe, US
- When: 2024-2026
- Who: N=300 people of childbearing potential ages 16-39

HPTN 104 will offer the co-formulatedDPP – making it the first study to evaluate the DPP product that will go to market



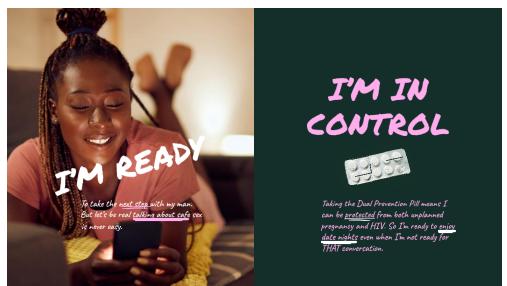
### Market preparation: Evidence generation in Kenya, South Africa, and Zimbabwe has identified potential approaches to introducing the DPP





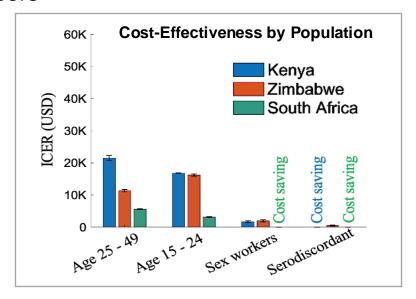
### **Demand Generation**

- Women struggle with the unpredictability of life, with uptake of OC/PrEP often triggered by the negative actions of partners
- DPP can help users navigate the "moments" they need to take control of their sexual health
- Users are motivated when their individuality is celebrated around goals, enjoyment, or self-care



### **Delivery Platforms**

- DPP more likely to be cost-effective in settings with high HIV incidence, when it increases adherence
- Public HIV and FP clinics, private provider networks, and pharmacies (where authorized) are initial recommended delivery channels
- Subsidy likely required to make DPP affordable for OC users



### What's next for the DPP?

Support multiple regulatory submissions, commercialization, secure supply, and market entry of the DPP by 2025

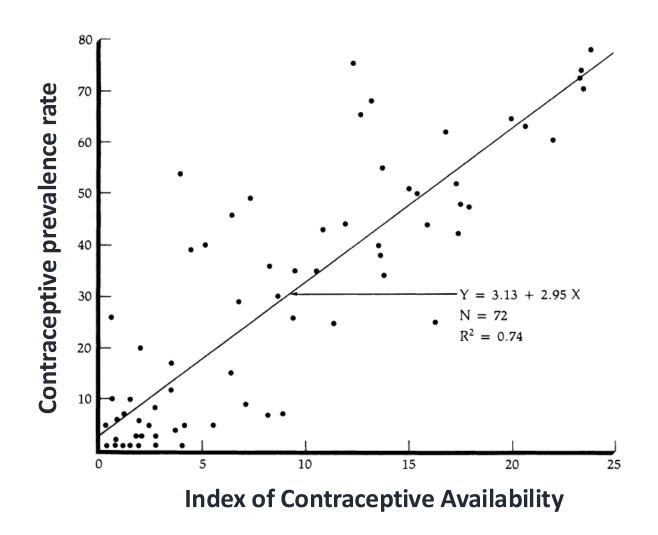
2 Support country introduction planning and implementation

Lead DPP global coordination, promotion, stakeholder engagement to streamline collaboration and establish a platform for the MPT field

Bringing MPTs from "bench to bedside"

### **Choice matters**

- WHO systematic review (231 articles) of contraception uptake showed increased choice associated with:
  - Increased persistence on chosen method
  - Better health outcomes
  - 12% increase in contraceptive prevalence for each additional method
- Similar to contraceptive needs: different people have different HIV prevention needs at different times



# **SEARCH Dynamic Choice study**

### The first evidence on HIV prevention choice



### Testing choice





#### **Product choice**



**Oral PrEP** 



CAB for PrEP



**PEP** 

#### Service location choice



Clinic



Community sites via community health workers

- HIV prevention coverage increased to 69.7% compared to 13% in the standard of care
- Both CAB and oral PrEP had high uptake
- Of 56% who chose CAB, 42% not on any prevention product in previous month
- 28% of participants used 2+ products during the study

| Ever use    | Dynamic<br>Choice HIV<br>Prevention<br>intervention | Standard of Care |  |  |
|-------------|---|------------------|--|--|
| CAB-LA      | 56%   | 0%               |  |  |
| Oral PrEP   | 53%   | 19%              |  |  |
| PEP         | 2%  | 1%               |  |  |
| 2+ products | 28%   | 0.4%             |  |  |



Kamya, M. BioPIC webinar, Apr. 23, 2024

# Moving a Product to the Real World



| Technology                | Year(s) After Efficacy Results |   |   |   |   |   |   |   |          |   |               |
|---------------------------|--------------------------------|---|---|---|---|---|---|---|----------|---|---------------|
| Technology                | Efficacy Results               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8        | 9   | 10            |
| Oral TDF/FTC              | 2010                           |   |   |   |   |   |   |   |          |   |               |
| Dapivirine<br>Vaginal Rin | 2016                           |   |   |   |   | • | • |   |          |   | 0             |
|                           | <b>b</b>                       |   |   |   |   |   |   |   | First Af | gulatory Ap<br>rican Regula<br>ccomendati | tory Approval |
| Injectable<br>Cabotegrav  | ir 2020                        |   |   |   |   |   |   | 0 | Scale    | mo Project  Access in L                   | MICs          |

# **Advocacy priorities for MPTs**



Press for resources to support a diverse pipeline – including vaginal and rectal products – that prevent HIV, other STIs, and pregnancy to meet needs of all people.



**Demand people-centered research agendas.** Ask researchers how user perspectives will be included in the research process. Researchers must make community engagement plans widely available, even if products are in early phase trials.



**Urge the WHO, FP2030, UNFPA and UNAIDS to introduce targets** that move MPTs through trials and into programs. Advocates can use these targets to hold governments accountable.

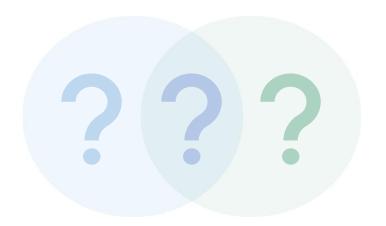


Advocate to scale up programs that integrate FP, HIV and other STI services now, pushing MOHs, funders, and implementers to prioritize models of integration that will address the immediate needs of populations and support future MPT introduction and access.



Push civil society at large to convene consultations with funders, procurers, and regulators – to ensure they are enacting changes to their systems to facilitate – and not slow down – MPT introduction.

### Lastly...we want to hear from you!



# What do you see as **advocacy priorities** for the DPP and other MPTs?

### **Acknowledgements**

### **DPP Consortium project partners**









### With support from

In collaboration with







**DPP Advisory Board** 





DPP Civil Society Advisory Group

# Thank you!

**Questions?** 



**Combination Strategies for HIV Prevention and Contraception**