

## Cost-Effectiveness of Financial Incentives for Viral Suppression An Economic Model of HPTN 065

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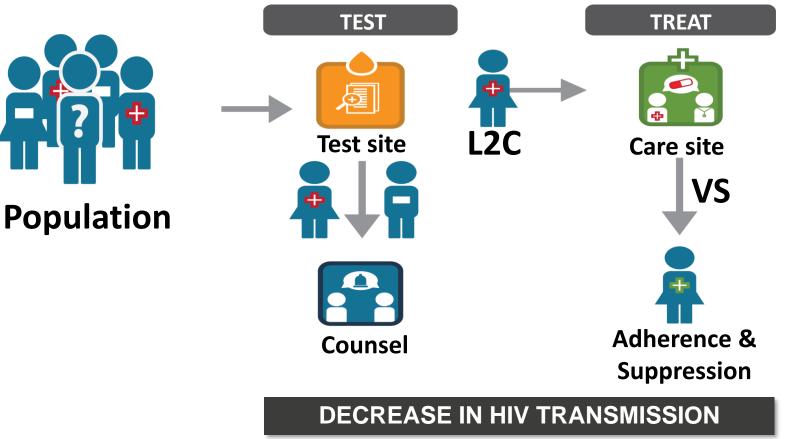


## Background

HPTN 065 aimed to assess the feasibility of the "test and treat" model to decrease HIV transmission at the community level.

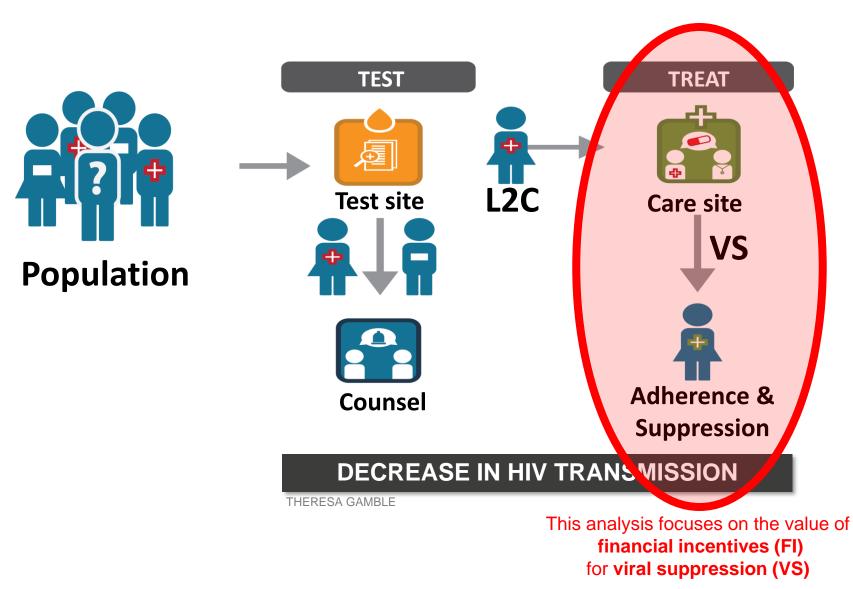
To realize the benefits of anti-retroviral therapy (ART), financial incentives promoted linkage to care and viral suppression.

#### **TEST & TREAT FRAMEWORK**



THERESA GAMBLE

#### **TEST & TREAT FRAMEWORK**





## **39 Clinics**

#### The Bronx, New York



#### Washington, D.C.



THERESA GAMBLE



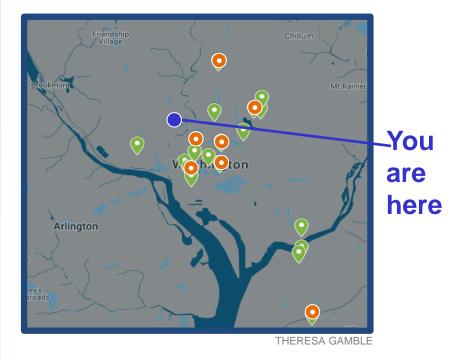
## **39 Clinics Randomized**

To deliver standard HIV care OR care plus incentive for VS

#### The Bronx, New York



#### Washington, D.C.





## Intervention

F	First Citizens Bank	\$70 GIFT CARD
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GIFT CA	RD 2000 00/00	DEBIT <b>VISA</b>

## • **\$70** VISA gift cards

- Offered quarterly to patients on ART with viral suppression (VS <400 copies/ml)
- Duration: 2011-2013
- Supported startup costs, Financial Incentives Coordinator, and supplies at each site



## Objective

To evaluate the **cost-effectiveness** of providing financial incentives for viral suppression compared to standard HIV care for patients using ART to inform public health decisions in the United States.

# assess Value



## **Conceptual Model of Cost-Effectiveness**

Incremental Cost-Effectiveness Ratio

#### **CHANGE IN HEALTH CARE COSTS (\$)**

**CHANGE IN HEALTH STATUS (QALYs)** 

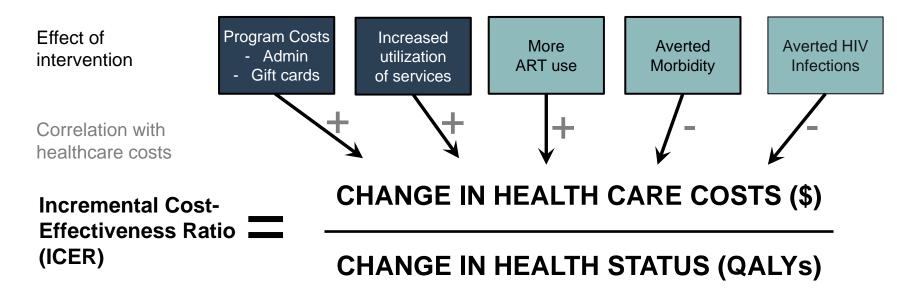
Based on "Cost-Effectiveness of Antiretroviral Therapy for Prevention" by Kahn et al., 2011



## **Conceptual Model of Cost-Effectiveness**



HPTN 065 / modeling Published data / modeling

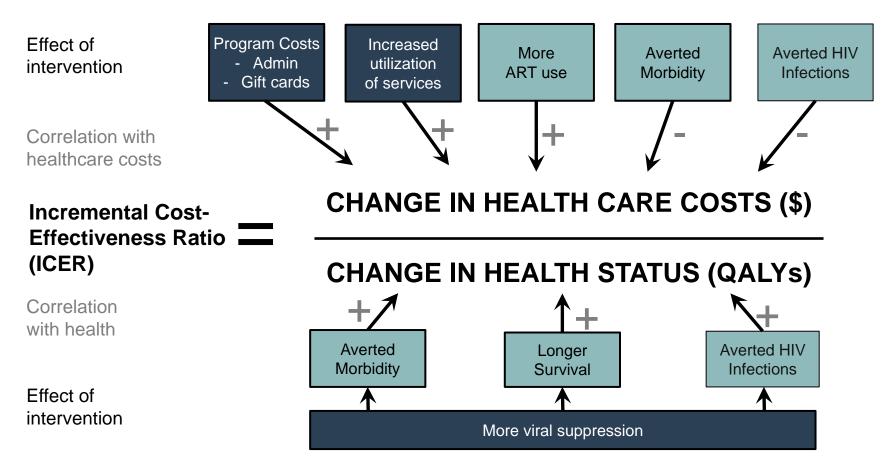




## **Conceptual Model of Cost-Effectiveness**



HPTN 065 / modeling Published data / modeling



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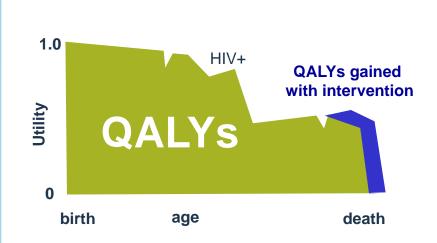
## **Measuring Health Benefits**

#### Quality-Adjusted Life Years (QALYs)

Health-related quality of life:
→ utility of health state between
1 (perfect health) and 0 (death)

QALYs = sum(life year \* utility)

To capture the length and quality of life for patients and partners





## **Costs included:**

- FI admin & gift cards
- Patient HIV-related healthcare costs
  - ART drugs
  - Clinic visits
  - Labs

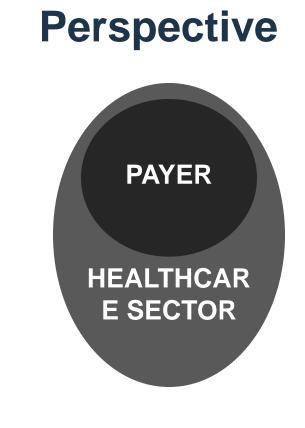
## Perspective





## **Costs included:**

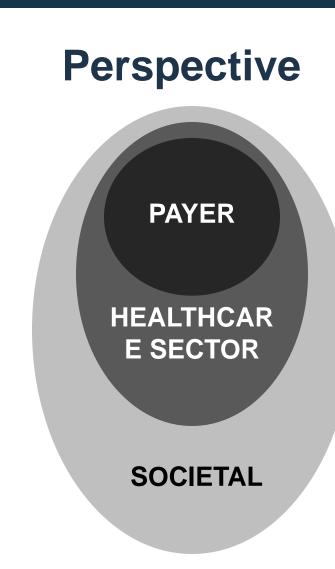
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  - Clinic visits
  - Labs
- Other HIV-unrelated healthcare
- Partner health care costs





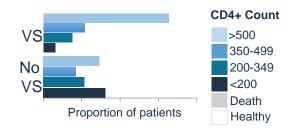
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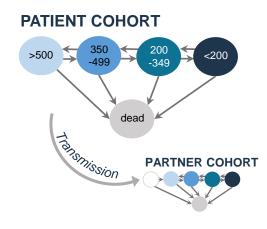
- FI admin & gift cards
- Patient HIV-related healthcare costs
  - ART drugs
  - Clinic visits
  - Labs
- Other HIV-unrelated healthcare
- Partner health care costs
- Productivity: earnings
- Consumption: spending





## Modeling Approach





- Cohort-based semi-Markov model of HIV disease progression and primary transmission to sexual partners
  - Assumes financial incentive effect diminishes to zero over 6 months after FI end
- Cost-effectiveness
   analysis:
  - Patient lifetime horizon
  - 3% annual discount rate



# Program characteristics<br/>and key model inputsMedian (Range)SourceAverage clinic size, number of patients in care456 (43 – 2,262)HPTN 065Baseline proportion of patients virally suppressed61.9% (8.4 - 84.6%)HPTN 065



## Program characteristics and key model inputs

#### Median (Range) Source

Average clinic size, number of patients in care	456 (43 – 2,262)	HPTN 065
Baseline proportion of patients virally suppressed	61.9% (8.4 - 84.6%)	HPTN 065
Effectiveness: change in viral suppression Average percentage points increase from baseline clinic proportion	3.7% (0.5 – 6.9%)	HPTN 065
Increase in clinic attendance, %	8.7% (4.2 - 13.2%)	HPTN 065



## Program characteristics and key model inputs

#### Median (Range) Source

	0.69 - 0.73 (0.58 - 0.83)	Whitham 2016
HIV Utility, by CD4 strata		
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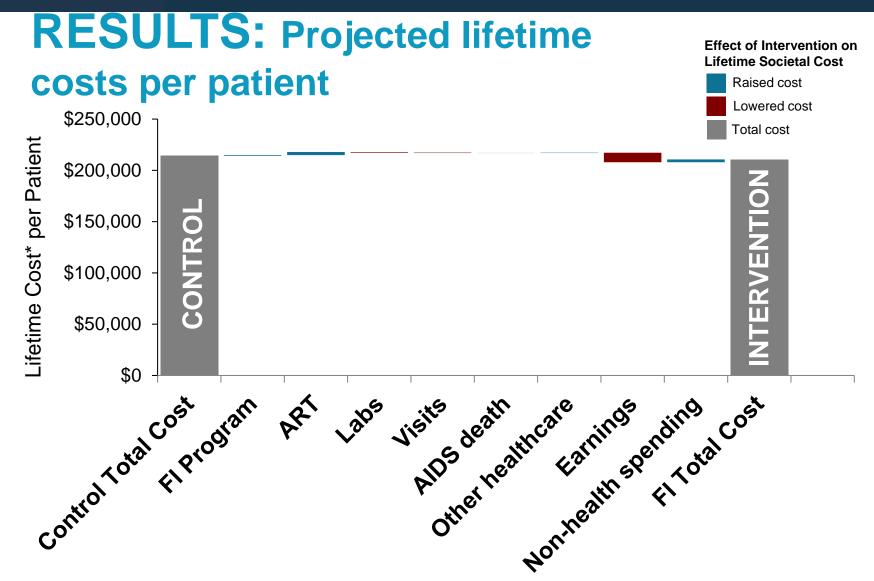


## RESULTS: Health Outcomes Modeled

Compared to standard care, for the FI program cohort the model projects:

- Participants on average survive 1 month longer
- Gain of 0.05 QALYs per patient
- 1 HIV infection avoided per 200 FI participants (9% reduction in primary HIV transmission)

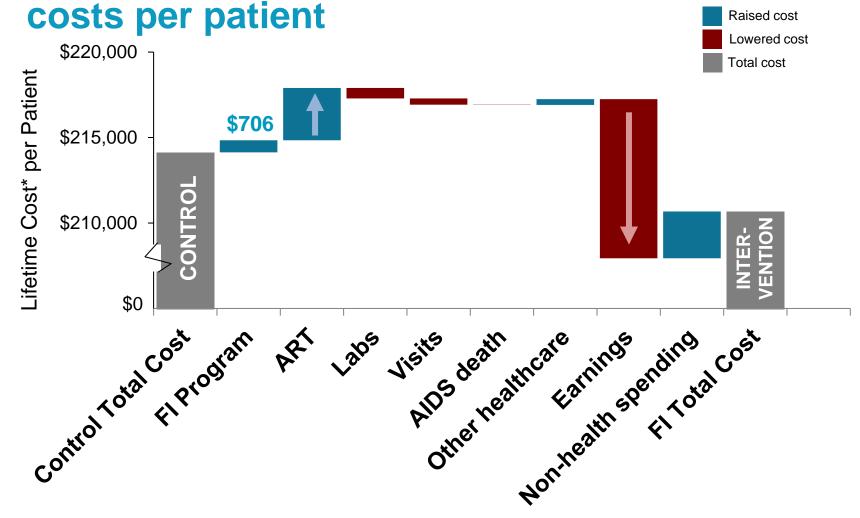




\*Limited societal perspective costs using lifetime horizon, discounted 3% annually, and adjusted to 2015 US\$



## **RESULTS:** Projected lifetime



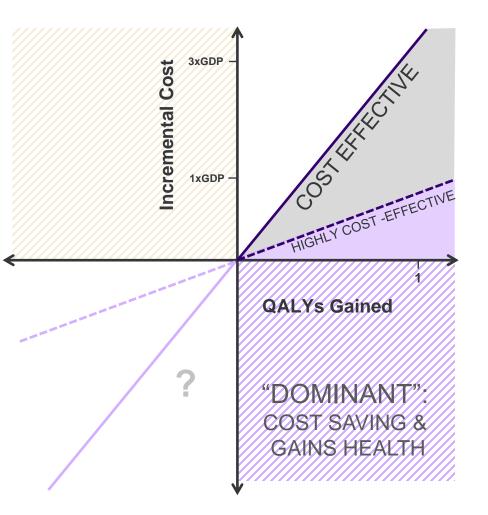
Effect of Intervention on Lifetime Societal Cost

\*Limited societal perspective costs using lifetime horizon, discounted 3% annually, and adjusted to 2015 US\$



#### Willingness to Pay

Cost-effectiveness threshold of \$50,000 - \$150,000 per QALY gained (1-3 x GDP per capita)

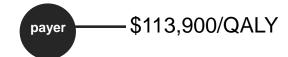


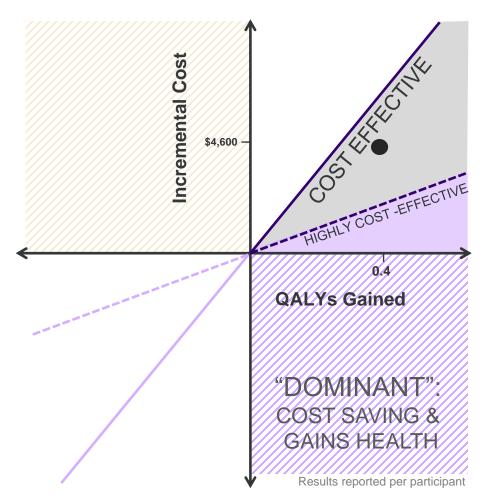


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ICER, given perspective



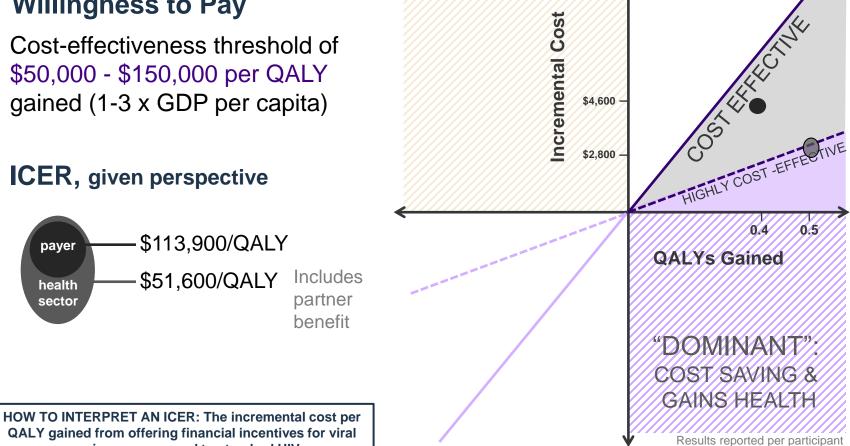


HOW TO INTERPRET AN ICER: The incremental cost per QALY gained from offering financial incentives for viral suppression as compared to standard HIV care



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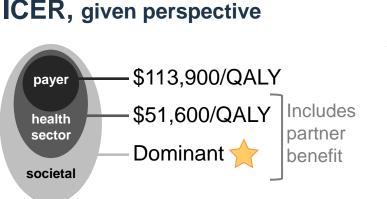
\$4,600

QALY gained from offering financial incentives for viral suppression as compared to standard HIV care

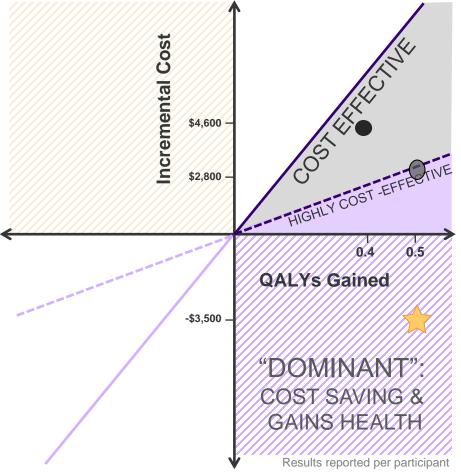


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Comparative Health Interventions in US	ICER (Cost/QALY)	Source
Financial Incentives for Viral Suppression	Lower cost & Health gains	Analyzed Here
HPV Vaccine	\$4,000 - \$14,000*	Chesson 2008
Statins for Coronary Heart Disease	\$22,000	Franco 2005
PrEP in US high risk	\$120,000 - \$600,000*	Gomez 2013, Paltiel 2009, Juusola 2012, Desai 2008, and Koppenhaver 2011

- League tables
   compare the value
   of different
   interventions
- Lower ICERs correspond to greater value
- Cost-effectiveness depends on willingness to pay for health gains

\*2005 US\$, \*\*2012 US\$,



## **Sensitivity Analysis**

#### **Parameter Range**

Low High

**Cost-Effective** 

#### 

ICER, Cost per QALY gained

Effectiveness improving VS

Hazard non-AIDS death <500 CD5

Utilization increase among FI

Avg. rate of disease progression



## Summary

- Financial incentives as used in HPTN 065 are likely to be cost-effective compared to standard HIV care in the US
- Limited by uncertainty in effectiveness
- Implications for global health
- NYC Housing Works Undetectables now provide financial incentives for viral suppression





#### ACKNOWLEDGEMENTS

The HIV Prevention Trials Network is sponsored by the National Institute of Allergy and Infectious Diseases, the National Institute of Mental Health, and the National Institute on Drug Abuse, all components of the U.S. National Institutes of Health.

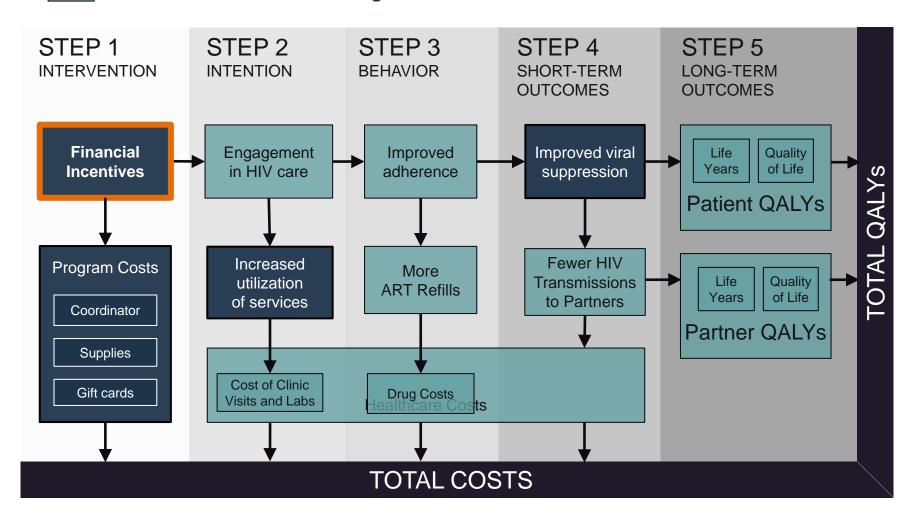
The HPTN 065 Study team acknowledges Dobromir Dimitrov, Fred Hutchinson Cancer Research Center The HPTN Modeling Center Louis Garrison, University of Washington Josh Carlson, University of Washington Ruanne Barnabas, University of Washington



## **Supplementary Material**

#### CONCEPTUAL FRAMEWORK FOR COSTS & BENEFITS

HPTN 065 / modeling Published literature / modeling





## **Results from other perspectives**

Table 1. Total costs, QALYs, and cost-effectiveness given perspective (societal or healthcare), time horizon (3 years or lifetime), and population (patients)

SOCIETAL PERSPECTIVE	Cost Std	Cost Int	QALYs Std	QALYs Int	Inc Costs	Inc QALYs	ICER
Patients and Partners							
Lifetime	\$214,135	\$210,677	38.569	38.623	\$3,458	0.05365	-\$ 64,453
3 year horizon	\$20,272	\$21,577	6.360	6.362	\$1,305	0.00176	\$ 739,994
Patients Only							
Lifetime	\$667,506	\$666,908	9.312	9.350	\$598	0.03828	-\$ 15,617
3 year horizon	\$63,585	\$64,948	2.035	2.036	\$1,363	0.00139	\$ 978,766
HEALTHCARE SECTOR	Cost Std	Cost Int	QALYs Std	QALYs Int	Inc Costs	Inc QALYs	ICER
<b>Patients and Partners</b>							
Lifetime	\$469,512	\$649,769	38.569	38.623	\$180,256	0.05365	\$3,359,723
3 year horizon	\$83,287	\$106,450	6.360	6.362	\$23,163	0.00176	\$13,130,090
Patients Only							
Lifetime	\$425,246	\$429,874	9.312	9.350	\$4,629	0.03828	\$120,933
3 year horizon	\$75,516	\$79,171	2.035	2.036	\$3,655	0.00139	\$2,625,126
Oleandardine disease actions							

Standardized per patient



## Disease Progression and Predicted Survival

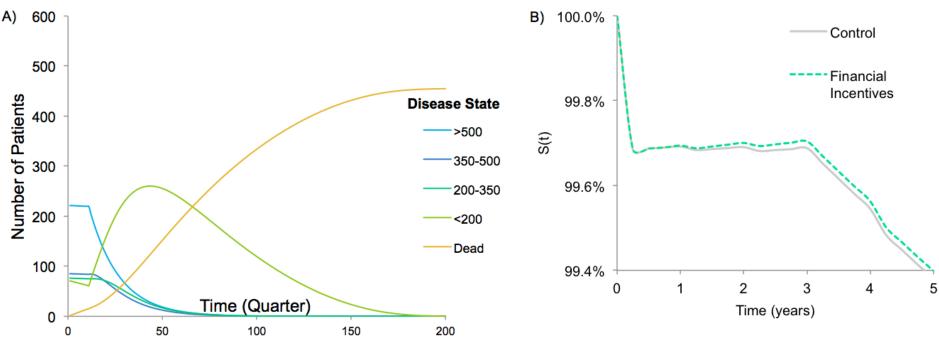
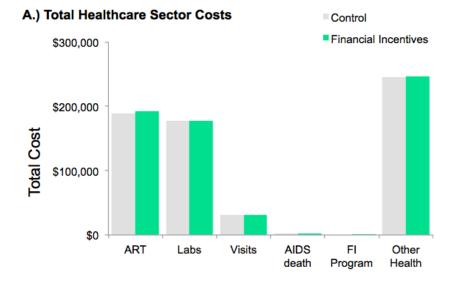


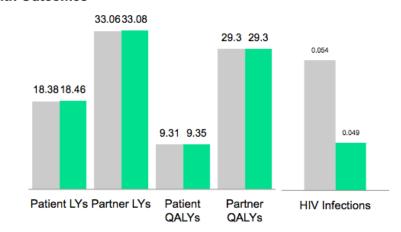
Figure 1. Disease Progession and Survival. A) Number of patients in each health state over time in control group (solid line) and financial incentives group (dashed line) over a lifetime horizon; B) quarterly probability of survival in the control group (grey) and financial incentives group (green).



## **Modeling Outcomes**



B.) Health Outcomes

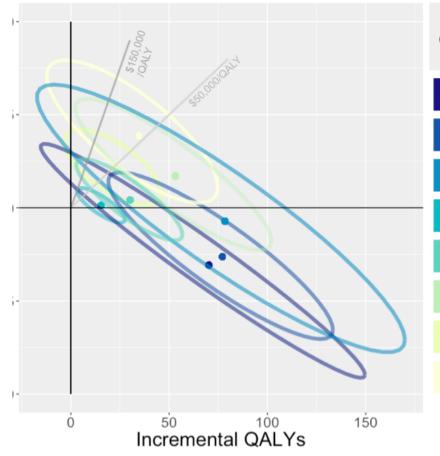


**Figure 2. Disaggregated** A) total healthcare sector costs and B) health outcomes for patients and parterns, standardized per patient for control (grey) and financial incentives group (green)



## **Probabilistic Sensitivity Analysis**

**Cost-Effectiveness** 



Clinic Sub-Group		Effectiveness, % pts (SE)	Me ICE \$/Q/
	Low Baseline VS	11.5 (6.7)	-\$21,
	Washington, DC	6.6 (2.3)	- \$17
	Hospital	4.8 (3.3)	-\$4,{
	Small Size	4.9 (1.8)	\$4,3
	Community	3.7 (1.8)	\$6,9
	High Baseline VS	2.8 (1.8)	\$16,0
	New York	1.6 (1.5)	\$47,
	Large Size	0.6 (1.8)	\$55,;