Assessing Antimicrobial Resistance in STIs in HIV Prevention Trials

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Key Findings and Takeaways



- Urgent need for POC diagnostics to combat STI epidemic
- Limited data on antimicrobial resistance (AMR) in STIs

Assessment of AMR in NG is challenging, especially in LMICs

STI research/prevention is HIV prevention



High rates of STIs and the need for affordable POC diagnostics

Global Curable STIs





Commercially Available POCT for STIs



Company Product	Cepheid Xpert	Binx <i>io</i> ®	Visbyrocca Sexual Health Consesses Tealsonses +	Osom	Quidel Solana
Description	NG, CT, TV NAAT with molecular beacon detection	NG, CT NAAT with electrochemical detection	NG, CT, TV Single-use deviceless NAAT	TV Immunochromatographic lateral flow assay	TV Helicase-dependent nucleic acid amplification
Sensitivity (%)	Vaginal – CT (98.7); NG (100) Male urine – CT (97.5); NG (98)	Vaginal – CT (96.1); NG (100) Male urine – CT (92.5); NG (97.3)	CT – 97.6 NG – 97.4 TV – 99.2	83-90%	Vaginal – 89.7 Urine – 100
Specificity (%)	Vaginal – CT (99.); NG (99.9) Male urine – CT (99.9); NG (99.9)	Vaginal – CT (99.1); NG (99.9) Male urine – CT (99.3); NG (100)	CT – 98.3 NG – 99.4 TV – 96.9	100%	Vaginal – 98.0 Urine – 99.9
Turnaround time	CT/NG – 90 min; TV – 42 min	30 min	30 min	15 min	40 min
FDA cleared, CLIA waived	Yes, No	Yes, Yes	510 (K) clearance, Yes	Yes, Yes	Yes, No
Use Cases	Symptomatic, asymptomatic	Symptomatic, asymptomatic	Symptomatic, asymptomatic	Symptomatic, asymptomatic	Symptomatic, asymptomatic
Specimen types	Vaginal (self); Cervical (clinician); Urine; Rectal (self); Pharyngeal (self)	Vaginal (self); Urine	Vaginal (self)	Vaginal (self)	Vaginal (self); urine

Molecular tests – expensive, require sophisticated instrumentation, and not suitable for LMICs

NG – Neisseria gonorrhoeae, CT – Chlamydia trachomatis; TV – Trichomonas vaginalis

Adapted from Gaydos, Manabe, Melendez, Sex Transm Dis 2021



Assessment of a new diagnostic test for gonorrhea in a LMIC



Additional specimens and data collected for follow-up analyses

Rapid Diagnostics for Gonorrhea

SCIENCE TRANSLATIONAL MEDICINE | REPORT

INFECTIOUS DISEASE

April 2021

A portable magnetofluidic platform for detecting sexually transmitted infections and antimicrobial susceptibility

Alexander Y. Trick¹, Johan H. Melendez², Fan-En Chen¹, Liben Chen³, Annet Onzia⁴, Aidah Zawedde⁴, Edith Nakku-Joloba⁵, Peter Kyambadde⁶, Emmanuel Mande⁴, Joshua Matovu⁴, Maxine Atuheirwe⁴, Richard Kwizera⁴, Elizabeth A. Gilliams^{2,7}, Yu-Hsiang Hsieh⁸, Charlotte A. Gaydos², Yukari C. Manabe^{2,4}, Matthew M. Hamill^{2,7}, Tza-Huei Wang^{1,2,3,9}*



- 15 min assay
- Detection of *N. gonorrhoeae* and *GyrA* genotype (ciprofloxacin susceptibility)
- Penile samples Ugandan men
- Sensitivity and specificity
 - 97.7% (95% CI, 94.7 to 100%)
 - 97.6% (95% CI, 94.1 to 100%)
- US\$2 per cartridge
- Portable 5-V power bank



STIs in Ugandan Men



BMC Infectious Diseases May 2022 RESEARCH Open Access High burden of untreated syphilis, drug resistant *Neisseria gonorrhoeae*, and other sexually transmitted infections in men with urethral discharge syndrome in Kampala, Uganda

Matthew M. Hamill^{1*}, Annet Onzia², Tza-Huei Wang³, Agnes N. Kiragga², Yu-Hsiang Hsieh¹, Rosalind Parkes-Ratanshi², Ethan Gough⁴, Peter Kyambadde⁵, Johan H. Melendez¹ and Yukari C. Manabe^{1,2}

- Gonorrhea (66.4%), chlamydia (21.7%), trichomoniasis (2.0%)
- NG -100% resistance to ciprofloxacin, penicillin, and tetracycline
- HIV 20% (n=50)
- Syphilis 10% (80% unaware of infection)

AMERICAN SOCIETY FOR MICROBIOLOGY

April 2022

Retrospective Analysis of Ugandan Men with Urethritis Reveals *Mycoplasma genitalium* and Associated Macrolide Resistance

[©] Johan H. Melendez,^a Justin Hardick,^a Annet Onzia,^b Tong Yu,^a Peter Kyambadde,^c Rosalind Parkes-Ratanshi,^b Edith Nakku-Joloba,^b Agnes Kiragga,^b Yukari C. Manabe,^a Matthew M. Hamill^a

- 12.8% positivity rate (41% MG mono infection)
- 10.7% macrolide resistance
- *M. genitalium* more common without gonorrhea (*p*=0.001)

Assessment of molecular diagnostic supported additional research on STIs

Peters et al. Lancet 2024; 403: 657-664

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Non-Molecular NG Diagnostic for LMICs



Remco P H Peters, Jeffrey D Klausner, Laura Mazzola, Mandisa M Mdingi, Hyunsul Jung, Ranjana M S Gigi, Jeremie Piton, Joseph Daniels, Lindsey de Vos, Paul C Adamson, Birgitta Gleeson, Cecilia Ferreyra



Neisseria gonorrhoeae lateral flow assay testing device A) Automated reader, B) buffer bottle, C) pipette, D) test cassette, E) dropper, F) specimen block

Urine or eluted vaginal swab is mixed with buffer, 4 drops loaded onto the test cassette. After 20 min, the cassette is read using a handheld electronic fluorescence reader, which provides automated qualitative result (positive, negative, or invalid) for NG detection.

- Handheld reader powered by an external battery (charge every 3–4 weeks); internet connectivity not required.
- One test at a time, few seconds per cassette; results can downloaded from the reader.

Participants – 5 health care facilities in South Africa

	Male patients (n=200)	Female patients (n=200)
Neisseria gonorrhoeae prevalence	128 (64%)	36 (18%)
Sensitivity	96·1% (91·2– 98·3)	91·7% (78·2–97·1)
Specificity	97·2% (90·4–99·2)	96.3% (92.2–98.3)
Positive predictive value	98.4% (94.4–99.6)	84.6% (70.3–92.8)
Negative predictive value	93·3% (85·3– 97·1)	98·1% (94·7–99·4)
Accuracy	96·5% (93·0–98·3)	95.5% (91.7–97.7)

Data n (%) or % (95% Wilson's CI).

Table 3: Diagnostic performance characteristics of Neisseria gonorrhoeae lateral flow assay compared with Xpert for the detection of N gonorrhoeae in symptomatic male and female patients



Antimicrobial resistance in Neisseria gonorrhoeae: Challenges in LMICs

Evolution of AMR in NG in the U.S.





Recommended Treatment for NG



	WHO global*	Europe	UK	Australia	USA	Canada	Japan	China	Uganda
Ceftriaxone (Intramuscular)	250 mg	1 g	1 g	500 mg	500 mg	250 mg	1 g	1 g	
Cefixime (Oral)									400 mg
Azithromycin (Oral)	1 g	2 g		1 g		1 g			
Doxycycline (Oral) – 7 days If <i>Chlamydia</i> <i>trachomatis</i> cannot be excluded		100 mg	100 mg		100 mg		100 mg		100 mg
Alternative treatments	Cefixime 400 mg plus Azithromycin 1 q			2 g Azithromycin (pharyngeal)	1 g ceftriaxone (≥150 kg)			Spectinomycin 2 g intramuscular (cervicitis - 4 g)	

Fifer et al. Int J STD AIDS 2020; 31: 4-15

*Updated guidelines (ceftriaxone monotherapy) expected in 2024

Jensen & Unemo. Nat Rev Microbiol 2024 Mar 20.

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Ceftriaxone Resistance* - 2020



*denotes resistance or decreased susceptibility to ceftriaxone





No NG isolates for testing

Low levels of ceftriaxone resistance, increasing MIC

Limited data on AMR

AMR in NG in Ugandan Men



BMC Infectious Diseases	May 2022
RESEARCH	Open Acces
High burden of untreated sy resistant <i>Neisseria gonorrhoe</i> sexually transmitted infection with urethral discharge synce Uganda	/philis, drug eae, and other ons in men drome in Kampala,

Matthew M. Hamill^{1*}, Annet Onzia², Tza-Huei Wang³, Agnes N. Kiragga², Yu-Hsiang Hsieh¹, Rosalind Parkes-Ratanshi², Ethan Gough⁴, Peter Kyambadde⁵, Johan H. Melendez¹ and Yukari C. Manabe^{1,2}

RESEARCH ARTICLE

PLOS ONE March 2024

Antibiotic overuse, poor antimicrobial stewardship, and low specificity of syndromic case management in a cross section of men with urethral discharge syndrome in Kampala, Uganda

Matthew M. Hamill¹*, Annet Onzia², Rosalind M. Parkes-Ratanshi², Peter Kyambadde³, Emmanuel Mande², Vivian Nakate², Johan H. Melendez¹, Ethan Gough⁴, Yukari C. Manabe^{1,2}

UDS – urethral discharge syndrome

- NG 100% resistance to ciprofloxacin, penicillin, and tetracycline
- 84% received treatment for UDS as per guidelines

Antimicrobial stewardship

- Syndromic case management
 - Sensitivity 80.0% to 94.4%
 - Specificity 5.6% and 33.1%
- 68% received unnecessary treatment (metronidazole)
- 41% antibiotic use prior to clinic visit
 - 89% obtained abx from a doctor, clinic, or pharmacy
 - 11% from non-healthcare settings (store or the street)
- Abx use before clinic visit associated with longer duration of symptoms (p=0.038)

Assessing Antimicrobial Susceptibility/Resistance



Culture-based phenotypic AST

Ideal for surveillance of AMR; rarely performed (lack of cultures)

STIs – NAAT-based detection; faster/more sensitive than cultures, but no AST

Molecular method for assessment of AMR – targeting of resistance markers



AST – antimicrobial susceptibility testing NAAT – Nucleic acid amplification test Any sample type, but may lack sensitivity and specificity

AMR testing in LMICs: Challenges and Potential Solutions



Challenges

- Syndromic case management testing rarely performed, no isolates/samples for testing
- Lack of quality-assured gonococcal surveillance programme
- Limited infrastructure and resources
- High cost of antimicrobial susceptibility testing
- Quality control and assurance

Possible solutions

- Implement (even if limited) surveillance programme (WHO support)
- Health care system restructuring
- Supporting training of laboratory staff
- Optimizing processes to decrease cost
- Expanding quality control and assurance processes

Doxy-PEP and NG Resistance



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- Multiple studies; lack of data due to small number of NG isolates
- Inconclusive data due to high baseline rates of tetracycline resistance
- Doxy-PEP higher rates of NG with high level resistance to tetracycline
 - Is Doxy PEP efficacy less protective against strains with TET resistance?
- Adherence to Doxy-PEP critical to assess effect of AMR
- More studies are warranted in diverse populations

Luetkemyer et al. N Engl J Med 2023

Steward et al. N Engl J Med 2023



Effect of AMR on STI treatment/prevention and PLHIV





STIs, AMR, HIV Risk and PLHIV





Association between AMR and HIV infection (92 studies)

- Methicillin-resistant S. aureus 2.12 and 1.90 higher odds for colonization, respectively
- **PLHIV**
- S. pneumoniae (decreased penicillin susceptibility) 2.28 higher odds of infection
- Resistance to third-generation cephalosporins (E. coli and K. pneumoniae) 1.59 higher odds

Increased risk of AMR in PLHIV. The lack of laboratory capacity for identifying AMR, and limited access to alternative treatment options in countries with high burden of HIV, highlight the need for more research on AMR.

STIs and HIV in Ugandan Men Opportunity for PrEP



Original research article

High level of HIV viral suppression in a cross-sectional study of Ugandan men with urethritis and bacterial STI International Journal of STD & AIDS 2023, Vol. 34(14) 998–1003 © The Author(s) 2023 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.117709564624231193491 journals.sagepub.com/home/std Sage

INTERNATIONAL JOURNAL OF

STD&AIDS

Evan J Beck¹, Oliver Laeyendecker^{1,2}, Sharada Saraf¹, Swetha Ashokkumar¹, Annet Onzia³, Johan H Melendez², Justin Chan², Peter Kyambadde⁴, Ethan Gough⁵, Rosalind Parkes-Ratanshi³, Yukari C Manabe^{2,3} and Matthew M Hamill²

- 20% (n=50) had reactive HIV rapid tests; 96% aware of their HIV status and on ART
- Median age 38 years (IQR 32-45)
- 54% transactional sex
- Viral load suppression (VLS) 92% (46/50)
- No major resistance mutations

Summary

High rate of untreated curable STIs (cSTIs) and AMR

High risk behaviors

Unmeet need in men and women

PLHIV – older individuals, history of STIs, high rate of VLS, and ART use

Very high acceptability of STI PEP

Testing and treating cSTIs helped Identify undiagnosed HIV, and identify HIV PrEP candidates

Ugandan men seeking treatment for STIs – ideal target population for HIV PrEP

Summary and Takeaways



- Increasing AMR in STIs threatens effective treatment; need for POC diagnostics
- Limited AMR data in regions with high rates of STI/HIV
- Evaluation of diagnostics can support STI/HIV efforts
- Additional research on the effect of Doxy-PEP on AMR
- HIV prevention trials support research for STI and AMR prevention

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National Institute of Biomedical Imaging and Bioengineering



